




TYROL
Alpine Beauty



Bënuni



Give yourself the chance to relax and unwind at "Tyrolvita Relax & Beauty".

Our oasis of wellbeing spans 500 m² and includes saunas, steam rooms, a pool area and a wealth of treatments to indulge in.

We look forward to your visit.




Packages

For feet and legs

1 Wellness pedicure with exfoliation and wrap
 1 Foot and leg massage with "Jambes Legeres"
 gel

1 day **€ 82,00**

Alpine dream

1 Alpenfeeling - alpine orchid - absolute
 wellbeing (50 min.)
 1 Four Seasons massage
 1 "Kraxenofen"
 1 Back massage with hay poultices
 1 Gardena-style hay bath in the "Bottich"
 1 Facial massage on hay bed

3 days **€ 247,00**

Après-Ski short

1 Hay wrap
 1 Four Seasons massage
 1 "Kraxenofen"
 1 Back massage

2 days **€ 151,00**

Pure pleasure

1 "Le Jardin des Sens" treatment
 1 Gardena-style Cleopatra bath
 1 Liftosome or Beauté Neuve facial treatment
 (according to skin type)

2 days **€ 145,00**

100% Beauty

1 Hydradermie Deluxe facial treatment
 1 Body scrub (of your choice)
 1 Evening primrose wrap
 1 Wellness pedicure
 1 Relaxing bath with alpine herbs in the
 "Bottich"
 1 "Deluxe" manicure with exfoliation and wrap
 1 Massage with hot poultices

4 days **€ 338,00**

100% Beauty short

1 Hydradermie Deluxe facial treatment
 1 Body peeling (of your choice)
 1 Evening primrose wrap
 1 Wellness pedicure

2 days **€ 211,00**

Bénsté



Perfect Body

1 "SUCRES KIWI" exfoliating massage
 1 Soin Beauté Minceur body treatment
 1 Vodder lymph drainage
 1 Seaweed wrap

3 days **€ 193,00**

Perfect Body

1 "SUCRES KIWI" exfoliating massage
 1 Soin Beauté Minceur body treatment
 1 Absolue Minceur body treatment
 1 Vodder lymph drainage
 1 Seaweed wrap

4 days **€ 265,00**

Anti-Cellulite

2 Soin Beauté Minceur body treatment
 1 Absolue Minceur body treatment
 1 Vodder lymph drainage
 1 Seaweed and Dead Sea salt wrap

4 days **€ 265,00**

Hey Men

1 Hydradermie Visage Plus "double ionisation"
 facial treatment
 1 Pedicure
 1 Manicure
 1 Myofascial massage

2 days **€ 212,00**


For a well maintained face

Hydradermie Visage "double ionisation"

A treatment designed to gently cleanse all skin types, ideal for all faces, skin problems and ages. Gentle ionisation helps active ingredients penetrate the skin, achieving amazing results on all skin types.

(approx. 55 min.)

€ 75,00

Hydradermie Visage Plus "double ionisation"

A treatment designed to gently cleanse face, eyes, neck and chest, suitable for all skin types, faces, skin problems and ages. Gentle ionisation helps active ingredients penetrate and oxygenate the skin, achieving amazing results.

(approx. 75 min.)

€ 85,00

Beauté Neuve

A treatment using fruit acids and glycolic acid to eliminate dead skin cells and regenerate the skin. The treatment accelerates cellular renewal and gives skin an exceptional radiance, enabling optimum penetration of active ingredients. An ideal preparatory treatment for anti-ageing, combating age spots and all dry skin types.

(approx. 50 min.)

€ 80,00

Aromatic

The power of plants. The combination of plant extracts, energising essential oils and a pleasant massage transform this facial treatment into an exceptional relaxing journey through the world of beauty using 10 plant concentrates to resolve all beauty problems and five essential oils to give the skin strength and energy.

(approx. 50 min.)

€ 70,00




For a super facial lifting effect

Hydradermie Lift

A lifting treatment with spectacular results, effectively providing a gym workout for the facial muscles. Thanks to the micro-current which stimulates the muscles, the face regains its tone and radiance, skin becomes oxygenated and wrinkles smoothed. A true non-surgical facelift.

(approx. 50 min.)

€ 90,00

Hydradermie Deluxe – Hydradermie Visage Plus e Lift

An exclusive lifting and anti-wrinkle treatment which combines the benefits of two treatments to prolong the youthful appearance of tissue. A spectacular anti-wrinkle treatment to smooth out lines, fill in wrinkles and restore radiance to the skin.

(approx. 105 Min.)

€ 140,00

Liftosome

A treatment entirely dedicated to skin tone and youthfulness of features thanks to its key active ingredient, Pro Collagen, and the firming effect of the Thermolift mask. Restores splendour and vitality and cancels the signs of ageing.

(approx. 50 Min.)

€ 85,00



LASH AND BROW

Lash tint	20 min.	€ 15,00
Brow tint	10 min.	€ 15,00
Lash and brow tint	25 min.	€ 25,00
Brow shaping	approx. 15 min.	from € 15,00

HAIR REMOVAL

Face	15 min.	from € 15,00
Half leg	30 min.	€ 30,00
Whole leg	45 min.	€ 45,00
Whole leg and bikini	50 min.	€ 50,00
Bikini	approx. 20 min.	€ 20,00
Underarm	approx. 15 min.	€ 15,00
Arm	30 min.	€ 30,00
Full body (legs, underarm and bikini)	60 min.	€ 60,00

SHOW OFF YOUR HANDS AND FEET

Manicure	45 min.	€ 45,00
"Deluxe" Manicure, intensive ritual treatment for hands and nails with exfoliation, massage and mask	55 min.	€ 55,00
Pedicure with foot soak	50 min.	€ 50,00

Wellness pedicure, intensive ritual treatment for feet and nails with exfoliation, massage and mask	75 min.	€ 65,00
Special Pedicure (for feet in need of extra attention)	75 min.	€ 65,00
Nail varnish		€ 4,00
French varnish	10 min.	€ 10,00



Hydradermie Très Homme

The treatment gel is activated by ionisation and the skin supplied with oxygen and treated with an alternating current. A firming mask completes the treatment after a stimulating massage.
(approx. 55 min.)

€ 70,00

HAIR REMOVAL FOR MEN

Chest	30 min.	€ 30,00
Back	30 min.	€ 30,00

Body scrub

Kiwi and brown sugar scrub
(approx. 25 min.)

€ 35,00

Deep back cleanse

Cleanse, scrub, massage, mask
(approx. 50 min.)

€ 70,00



Baths in the Bottich

Relaxing hay bath with chamomile or revitalising hay bath with rosemary

Gathered at an altitude of more than 1,500 metres, the healing herbs are a cure-all to counter the effects of muscle tension and joint pain and provide complete mental relaxation. A truly soothing and calming treatment.

(approx. 20 min.)

€ 37,00

Relaxing bath with alpine herbs

The scent of aromatic herbs in true aromatherapy style, with natural almond oil to soften your skin.

(approx. 20 min.)

€ 29,00

Cleopatra bath

A luxurious bath with milk, precious oils and scents, to nourish and moisturise your skin.

(approx. 20 min.)

€ 29,00

Goat's milk bath

Moisturising, calming and balancing.

(approx. 20 min.)

€ 30,00

Sea salts – lavender (balancing and relaxing)

Sea salts – mint (refreshing and energising)

Sea salts – rose (calming)

(approx. 20 min.)

€ 30,00

Beer bath

The beer bath is an ideal treatment for stress, anxiety and skin impurities such as pimples, acne and blackheads. Beer baths are also reputed to have been popular with the Romans. The treatment involves a warm bath and a covering of a mixture derived from the beer process (malt and hops) to relax and regenerate the skin.

(20 min.)

€ 30,00



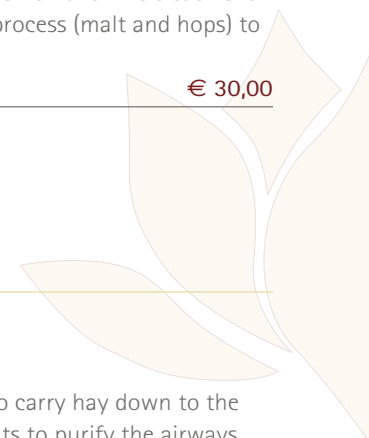
Kraxenofen

Kraxenofen

"Kraxen" is the Tyrolean word for pannier, a tool that local farmers used to carry hay down to the valley. Gentle steam jets penetrate the hay and absorb its active ingredients to purify the airways and relieve tension and pain in the back, neck and shoulders.

(approx. 20 min.)

€ 29,00





Wraps in the "Pure relaxation" Thermo Spa

Gardena-style hay wrap

With its heavenly scent, this is a relaxing wrap ideal for joint and back problems, suitable also for those who suffer from allergies.

(approx. 45 min.) € 47,00

Evening primrose wrap

To regenerate sensitive, irritated skin prone to atopic dermatitis, ideal when combined with a light body scrub.

(approx. 25 min.) € 40,00

Apple wrap

An extremely moisturising wrap that leaves the skin refreshed and radiant.

(approx. 25 min.) € 40,00

Mud wrap

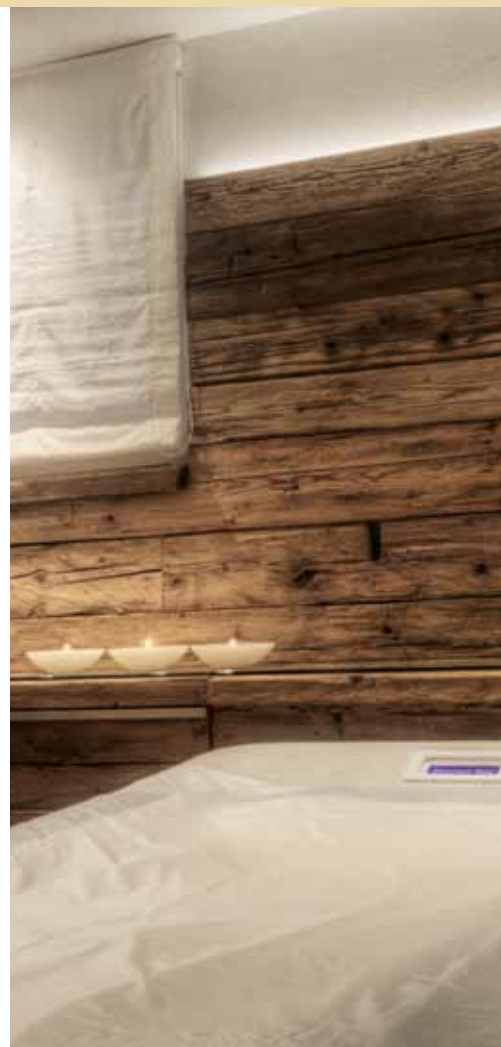
Relaxes the muscles and stimulates blood circulation, ideal before any type of back massage.

(approx. 25 min.) € 40,00

Seaweed wrap

Stimulates the metabolism of fats and drains fatty areas and cellulite, ideal when combined with a body scrub.

(approx. 25 min.) € 38,00



Alpenfeeling – alpine orchid – absolute wellbeing

A body exfoliation treatment with an invigorating alpine orchid wrap, ideal when combined with a full massage using alpine orchid butter.

(approx. 50 min.) € 78,00

With full massage

(approx. 80 min.) € 140,00

Peat wrap

Anti-inflammatory, stimulates the circulation and relieves tension.

(approx. 25 min.) € 40,00

Pumpkin wrap

A very effective and nourishing body wrap. The treatment has a strong draining, exfoliating and lubricating effect and the abundance of Vitamin E has a positive effect on muscles and connective tissue, as well as soothing the symptoms of menopause.

(approx. 50 min.) € 80,00

Anti-ageing wine therapy scrub

Wine therapy stimulates the senses, relieves stress and rejuvenates the skin. Polyphenols contained in wine strengthen microcirculation and the blood vessels. A true pick-me-up!

(approx. 50 min.) € 80,00

For the love of harmony...





Goat's milk scrub

A sporty, balancing wellbeing scrub.

Mountain herbs scrub

With a delicate herbal fragrance leaving skin smooth and soft.

Sea salt and oils scrub

Disinfecting and anti-inflammatory.

(approx. 25 min.)

€ 40,00



Soin Beauté Minceur

"bust treatment"

Toning treatment for the bust and chest. The firming massage and mask improve the appearance of the sensitive bust area.

(approx. 50 min.)

€ 60,00

"SUCRES KIWI" exfoliating massage

An exfoliating massage that uses the fantastic SUCRES KIWI product to treat your skin. An excellent treatment for dry and dehydrated skin. The product is left on the skin as a mask after a 35 minute massage..

(approx. 50 min.)

€ 50,00

Absolue Minceur

"body treatment"

A manual body treatment to drain and firm the skin combining three ultra-effective ingredients: massage, essential oils and a clay wrap. The specific massage and properties of the aromatherapy essential oils help to relax the body during the treatment.

(approx. 50 min.)

€ 65,00

Soin Beauté Minceur

"body treatment"

A '4-in-1' manual body treatment combining anti-cellulite, reducing, firming and draining actions to combat cellulite, fat deposits, flabby skin and fluid retention respectively. An individual treatment for all imperfections of the body that includes a body scrub, massage and special mask.

(approx. 75 min.)

€ 79,00





Multisensory massages

Face and chest massage

A gentle massage to regenerate the skin.

(approx. 20 min.)

€ 30,00

Facial lymph drainage

A gentle pumping action on lymph nodes to eliminate toxins and excess fluids promoting cellular regeneration.

(approx. 20 min.)

€ 35,00

Classic massage

A massage treatment acting on muscles to promote oxygenation, improve your state of mind and balance physical and mental wellbeing. Ideal when combined with a tension-relieving mud wrap.

(approx. 50 min.)

€ 60,00

Anti-stress massage

Holidays are the ideal time to pamper yourself. The ideal solution is this anti-stress massage, with very gentle movements to eliminate stress, energise and give you a sense of wellbeing and harmony.

(approx. 50 min.)

€ 60,00

Partial massage

Choose from back/legs, buttocks/stomach or chest.

(approx. 25 min.)

€ 35,00

Head and neck massage

Combination of massages to release pain and tension.

(approx. 25 min.)

€ 35,00

Head, neck and back massage

Combination of massages to release pain and tension.

(approx. 50 min.)

€ 60,00

Back massage with hay poultices

The combined action of herbs, their scents and the heat enveloping the senses, promote wellbeing in mind and body.

(approx. 25 min.)

€ 42,00

Anti-cellulite massage

Haemolympathic massage with specific cream to act directly on fat deposits, particularly on legs and buttocks, for a gradual improvement of the circulatory system.

(approx. 50 min.)

€ 65,00





Special massages

Foot reflexology massage

It is possible to achieve positive effects on the whole body by working on the feet. Our body is mirrored in the soles of our feet and harmony may be restored by massaging them..

(approx. 25 min.) € 39,00

"Vodder" lymph drainage

A gentle massage using a special technique to stimulate tissues. Ideal for the treatment of cellulite in combination with a seaweed bath.

(approx. 25 min.) € 45,00

(approx. 50 min.) € 65,00

"Four seasons" massage

The fragrances of nature are wonderfully evocative. Communicating with the unconscious, they awaken memories and emotions. Indulge in a pleasant massage with natural essential oils, discover the benefit of hot poultices and savour the scents you have chosen... from spring, summer, autumn or winter!

(approx. 50 min.) € 75,00

"Le Jardin des Sens" massage

Le Jardin des Sens is much more than just a massage: your whole body is pampered with specific oils. The skin is moisturised and cleansed before the massage, and Le Jardin des Sens treatment allows you to choose from several scents in accordance with your favourite massage candle.

(approx. 50 min.) € 80,00

Massage with hot poultices

Despite being a typical alpine massage from the Tyrolese and Alto Adige tradition, massage treatment with hot poultices exists in other cultures too. The body is massaged with hot poultices that contain the herbs from alpine hay, from which a relaxing, soothing and balancing effect is obtained. The combined action of herbs, their scents and the warmth enveloping the senses, brings a sense of wellbeing to body and mind.

(approx. 50 min.) € 80,00

Hot lava stones massage

The massage, together with the energy and positive effects of hot lava stones are harmonised in a fascinating way.

(approx. 50 min.) € 85,00

(approx. 80 min.) € 100,00

Deep tissue massage

Massage treatment focusing on connective tissue. The body is treated with short, deep transverse movements that have considerable reflex effects on underlying layers. The massage strokes are very effective in freeing up the body.

(approx. 50 min.) € 75,00

Myofascial massage

A massage performed using the forearms to stretch muscles and for those suffering from muscular pain. The treatment also improves posture and is particularly relaxing.

(approx. 50 min.) € 75,00

Honey massage

An invigorating massage to revive the whole body. With its detoxifying effects, the honey massage frees the body from all unmetabolised cells accumulated over the years due to incorrect diet, medicines and stress. The power of honey enters the body through the skin pores, cleansing the whole body from toxins, stimulating the circulation and oxygenating the blood.

(approx. 25 min.) € 40,00



Our private Spa is also suitable for couples!

Tyrolese package

Experience some unforgettable moments with your partner in the romantic atmosphere of a Tyrolese "Majon". A series of treatments dedicated to nature. Enjoy a session in the Kraxenofen, a herb scrub, back, neck and head massage with a specific oil to relieve tension, and a goat's cream wrap. Finally, spend a few minutes relaxing on the hay bed.

(approx. 120 min.)

€ 200,00

TUB FOR COUPLES

Baths for couples (of your choice)

(approx. 20 min.)

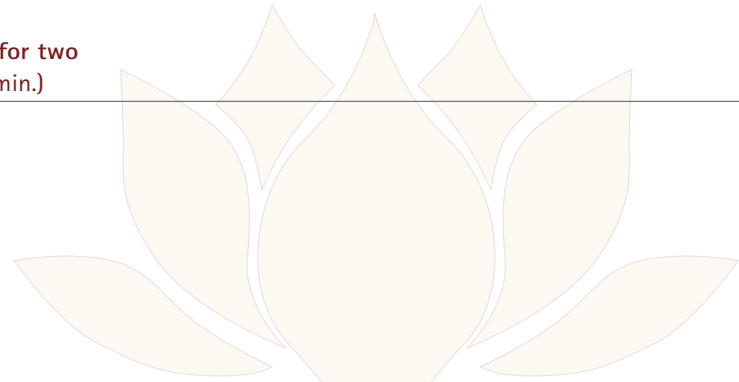
€ 58,00

KRAXENOFEN

Kraxenofen for two

(approx. 20 min.)

€ 50,00





Clothing

Please remain in your briefs for body treatments and massages. Your body will be covered to keep warm during the massage. Disposable briefs are available for men and women. Please be aware that the sauna area is essentially a nudist area!

Pool & Wellness Area

Please do not bring food or drink into the Spa area.

Children

Our Spa area is a peaceful place! Please keep it this way. Babies and children under the age of 16 may only enter the Spa area and pool if accompanied by an adult.

Appointments

Treatment times will be reduced accordingly for those arriving late. Treatments will finish promptly in order not to keep the next client waiting. Treatments you have booked are exclusively for you. Appointments may be cancelled with a minimum of 24 hours' notice, otherwise you will be charged in full for the treatment booked.

We apologise for any inconvenience.
You may contact us by telephone on No 453.
The sauna area is open every day from 3 to 7 p.m.





Relax & Beauty


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